



## Curriculum Intent

PSHE enables our children to become healthy, independent and responsible members of society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to become critical thinkers and develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

## Curriculum Implementation

PSHE is integral to the development of children's values in order for them to become a positive citizen in a forever changing community. The curriculum complies with the statutory guidance for Relationships and Sex Education. The delivered curriculum (scheme of work) reflects the needs of our pupils and is tailored to meet specific needs. We expect teachers to use the PSHE programme to equip pupils with the knowledge and skills necessary to make safe and informed decisions.

We strongly believe that PSHE plays a vital part in our students' education therefore is taught twice per fortnight, to all pupils, from the age of four (EYFS) to sixteen. In addition to this, there are also opportunities to make cross curricular links. There also may be occasions where staff may feel it necessary to teach PSHE as a result of an issue which has arisen in their own class. As a whole school, PSHE is an important part of school assemblies, where children's spiritual, moral, social and cultural curiosity is stimulated, challenged and nurtured. We deliver the PSHE curriculum by sharing good practice and it is every staff member's responsibility to do this by being a role model and having high expectations of our pupils.

The curriculum is split into three core themes of: Health and Wellbeing, Relationships and Living in the Wider World. The children will meet these themes throughout the course of the year and the themes are built upon as the children move through school. Throughout EYFS, KS1 and KS2 the children use floor books to record their responses to, and progress in, PSHE sessions. Through KS3 and KS4 pupils record their work in their own exercise books. Additional tasks are completed in form time allowing teachers to assess progress.

Through the programme of study, the children should have a good balance of these overarching concepts:

- Identity
- Relationships
- A healthy, balanced lifestyle,
- Identification of risk and safety
- Diversity and equality
- Rights, responsibilities and consent
- Change and resilience
- Power
- Career

In the senior phase, the key strands of the curriculum are arranged as follows: mental health, keeping safe, careers, careers, our community, sex and relationships and identity. It is designed so that specific topics are explored in response to specific milestones reached by the students. For example: topic 1 in year 7 explores transition and settling in and topic 2 in year 11 covers employability and CV writing. In order to adopt a holistic view of student wellbeing and development, the PHSCE curriculum is linked to personal development across the school. It is complemented by other areas of the school curriculum such as RE, PE and Biology and also through planned tutor-time activities, assemblies, year group and whole school events.

## Impact

We aim to prepare children for life, helping them to really know and value who they are and understand how they relate to other people in this ever-changing world. We hope that through the teaching of the different threads in the PSHE and RSE curriculum, children will learn strategies to help them stay safe and healthy and be able to manage their personal and social lives in a positive way. Key areas are revisited so children can gain a good understanding of how to be healthy, how to create respectful relationships and how to look after their mental wellbeing. PSHE teaching, along with our ASPIRE school values, develops the children's understanding of Accountability, Self Confidence, Perseverance, Integrity, Respect and Empathy.